



We take care of everything, you just Pedal Britain

About

Pedal Britain

Pedal Britain was born out of my passion for cycling.

I love the sense of freedom it provides as an antidote to modern life and there's no better way to experience nature's sights and sounds than from the saddle of a bike.

Pedal Britain provides hassle free cycling holidays that celebrate the fellowship of pedalling in a group. Holidays that capture the fun of cycling as kids, that quench your thirst for adventure, and create an appetite for the great food, diverse landscapes and cultures of Britain.

Darren Ball

(Founder & Director of Pedal Britain)

"Whether it's for a personal challenge or pure escapism, the purpose of Pedal Britain is to inspire and support cyclists of all abilities in making their cycling dreams a reality."





Cycling holidays are meant to be enjoyed not endured, so join us in 2022 and let us take care of everything leaving you to Pedal Britain.

Our 2022

Cycling Holidays

Pedal Britain want to give you the best cycling holiday ever, which means one thing, doing our homework. Our team of experts research, live and breathe our tours to bring you the right mix of features so we don't just meet your expectations, but go way beyond.





Expert Guides going the extra mile for **YOU**



Great mix of **B&B**'s **& Hotels** for a great nights rest



Perfectly **Designed Routes** on quiet roads and NCN routes



Fantastic food, drink and company



A massive sense of achievement at the end!

Exciting New Tours COMING SOON for 2022

LIKE our Facebook Page & hear about them first

www.facebook/pedalbritaineurope

Pedal Britain, with our support anyone can.

As an independent tour operator our focus is on creating memorable experiences, not just an average cycling holiday. Nothing enthuses us more than happy customers.

We achieve this by promising hassle free cycling with a level of personal service seldom found elsewhere and we promise to make it a fun holiday too.

Our unique 'Push Start' program is Pedal Britain's way of helping you arrive on tour ready for the challenge.

We provide any help and encouragement you need in the lead up to your trip, not just when you arrive!

That's the Pedal Britain Difference



Hassle Free Cycling

Push Start Program

Personal Service















Don't just take our word for it Take a look at all of our 5* reviews on Trustpilot.

Customer Recommendations



Amazing experience, first class service. Best adventure / holiday trip I've been on. Very friendly team, great organisation. Would recommend to anyone.

Stuart Lamb (LEJOG July 2018)



Excellent, it was exceptionally well organised, friendly and a great experience. The Pedal Britain crew worked very hard to ensure everything was as good as it could be with food, accommodation, information and route. No hesitation to give them 5 stars

Neil Ritson (LEJOG August 2019)



Brilliant!

That probably says it all. There was always support riding with you and the stops were well planned for distance and view points. Felt really well looked after. Couldn't recommend them enough.

Dave & Sharon (LEJOG July 2018)

Hassle Free Cycling

Our aim is to make your cycling holiday as relaxing and stress free as possible. Before, during and after the tour Pedal Britain has thought of everything, so you don't have to.



Fully Guided & Supported

The Pedal Britain van is never far away to provide any assistance you need, be it mechanical, first aid or morale.



Easy Bike Transfer (Additional Fees May Apply)*

We'll arrange to get your bike to the starting point & home again using a using one of our 3 bike transfer options shown on page 9. No stress.



Daily Baggage Transfer

Luxury, we'll even put it in your room. Keep a day bag in the support van to further reduce what you need to carry.



All Accommodation Pre-booked

A great mix of cyclist friendly B&B's & Hotels. Where possible we stay together as a group. No check-in just collect key.



Includes Lunch & Refreshments

Mix of picnics, pubs and cafés for lunch, supplemented by snacks and drinks from support vehicle at strategic points.

Push Start Program

Once booked you will enter our unique 'Push Start' program. Here we provide access to a range of services based on your needs, that will help you prepare and train for your cycling holiday, to ensure you enjoy rather than endure it!! It's our way of helping you arrive ready for the challenge.



1 to 1 Phone Call

Once booked we will help set up and tailor a 'Push Start' program just for you, based on your needs.



Bespoke Training Plans (Additional Fees Apply)*

After a consultation our cycling expert will create a personalised 'Real' life plan to fit around your life, ability and goals.



Facebook Community

We invite you and others on your specific tour to join a closed group so you can get to know each other.



Cotswold Training Weekend (Additional Fees Apply)*

Test your ride readiness, learn group riding techniques, meet other people that are doing Cycling Tours in 2022.



Access to Pedal Britain Tour App

Download route notes, GPX files and share training progress with the other people on your tour.



Excellent Personal Service

Pedal Britain prides itself on making sure every detail has been considered and ensuring the level of service provided is unrivalled in this sector.



Smaller group sizes

Maximum of 18 cyclists, big enough to be social but small enough for our guides to focus on individual service.



Dedicated Tour Advisor

Available to answer your questions anytime via email or phone, which ever way it will be the same person dealing with you.



Expert Pedal Britain Guides

With a 'can-do attitude' to meet your needs, detailed knowledge of the route, qualified mechanics and first aiders.



Live Tracking

Our 'live' tracking app allows friends and family to see your progress, and us to know where you are.



Pedal Britain Cycling Tours 2022

LAND'S END to JOHN O'GROATS in 14 DAYS CYCLING





The ultimate road cycling holiday in the UK - that really is the only way to describe our iconic Land's End to John O'Groats tour.

Our fully supported and guided tour encompasses some of the UK's most stunning and remote countryside, covering 1000 miles in 14 days of exhilarating cycling.

	Day	Start	End	Miles
Arrival Day	Sat		Penzance	
Day 1	Sun	Land's End	St Austell	60
Day 2	Mon	St Austell	Moretonhampstead	71
Day 3	Tues	Moretonhampstead	Wookey Hole	83
Day 4	Wed	Wookey Hole	Hereford	78
Day 5	Thurs	Hereford	Shrewsbury	70
Day 6	Fri	Shrewsbury	Leigh	71
Day 7	Sat	Leigh	Kendal	78
Day 8	Sun	Kendal	Gretna Green	72
Day 9	Mon	Gretna Green	Larkhall	76
Day 10	Tues	Larkhall	Tyndrum	79
Day 11	Wed	Tyndrum	Fort Augustus	82
Day 12	Thurs	Fort Augustus	Invergordon	61
Day 13	Fri	Invergordon	Bettyhill	78
Day 14	Sat	Bettyhill	John O'Groats	50
Departure Day	Sun	Inverness		1009

What's Included

- 15 nights shared twin (or double) room in Hotels or B&B
- Fully supported tour service including Guides qualified in First Aid & bike mechanics
- Daily baggage transfer between accommodation
- A high quality Pedal Britain LEJOG Cycling Shirt
- 15 breakfasts (Choice of cereals, toast, Full English & Scottish, fruit juice, tea, coffee)
- En-route sustenance from Pedal Britain Pop Up Café
- 14 lunches at a mix of local pubs, café's or picnic from our own Pop up café
- Detailed route booklet and map so you can cycle at your own pace
- GPX files for Garmin or other GPS Navigation systems
- Pedal Britain APP that turns mobile into a GPS unit with turn by turn route navigation
- ✓ Live Tracker App allows family & friends to see how well you're progressing

There is a comprehensive FAQ section on our website www.pedalbritain.com that provides detailed information with regards to travel logistics and covers many general questions you may have regarding the tours.

Tour Information

Duration: 14 Days Cycling **Accommodation:** 15 Nights **Distance:** 1000 Miles **Average Mileage:** 72 Miles **Ascent:** 50,000ft

Departures & Prices 2022

Price: from £1,995p.p Based on 2 people sharing Twin Room Single Room Supplement + £500

Tour Dates:

3th to 19th June 4th to 20th June 25th June to 10th July 16th to 31st July 6th to 21st August 3rd to 18th Sept

> ASK ABOUT Group Bookings

End: John O'Groats







Wales End to End 3 Day Cycling Tour

CHEPSTOW TO CAERNARFON



Conquer the Dragon: There are few 'end to ends' that can be completed in just a long weekend and encompass the beautiful landscapes of two National Parks.

Two hundred miles and a challenging 15,000ft of ascent awaits, as you explore the meandering rivers, peaceful valleys and dramatic Welsh scenery between Chepstow and Caernarfon Castles.

	Day	Start	End	Miles
Arrival Day	Thurs		Chepstow	
Day 1	Fri	Chepstow	Llandrindod	75
Day 2	Sat	Llandrindod Wells	Bala	77
Day 3	Sun	Bala	Caernarfon	50
Departure Day	Mon	Caernarfon		202

Day 1

From Chepstow Castle we cycle towards the Gospel Pass in the Brecon Beacons that provides stunning views. After descending into Hay-on-Wye we head north towards our Spa Hotel in Llandrindod Wells.

Day 2

Explores peaceful Mid-Wales with its meandering rivers and valleys as we head towards Bala Lake. In the way is Bwlch y Groes a UK Top 100 climb and highest paved road in Wales with an incredible decent.

Day 3

A shorter day allows time to soak up the breath taking landscape of Snowdonia and head via the Llanberis Pass to the coastal town of Caernarfon to celebrate at its impressive Castle.

What's Included

- 4 nights shared twin (or double) room in Hotels or B&B
- Fully supported tour service
- Guides qualified in first aid & bike mechanics
- Daily baggage transfer between accommodation
- FREE Coach transfer back to Chepstow after tour
- A high quality Pedal Britain cycling shirt
- 4 breakfasts (Choice of Full or Continental)
- En-route sustenance from Pedal Britain Pop Up Café
- 3 lunches at a mix of local pubs, café's or picnic
- Detailed route notes so you can cycle at your own pace
- GPX, TCX files for Garmin or other GPS Navigation systems
- Pedal Britain APP that turns mobile into a GPS unit with turn by turn route navigation
- Tracker App allows family, friends and us to see where you are.

Tour Information

Duration: 3 Days Cycling **Accommodation:** 4 Nights **Distance:** 202 Miles **Average Mileage:** 66 Miles

Ascent: 15,000ft

Departures & Prices 2022

Price: from £575

Based on 2 people
sharing Twin Room

Single Room Supplement
+ £100

Tour Dates:

TBC - Dates Available from April

ASK ABOUT Group Bookings

End: Caernarfon









Ireland End to End 10 Day Cycling Tour

MIZEN HEAD TO MALIN HEAD



The Irish version of LEJOG is a more relaxed 580 miles cycling from Mizen Head to Malin Head along 'The Wild Atlantic Way'. Experience Irelands unique scenery from rugged coastlines, dramatic mountain passes and spectacular national parks.

Shorter days allows for time to explore your surroundings or relax in the Hotel pool. Or have a later night to experience the famous Irish 'Craic' in lively Irish pubs hosting traditional music with amazing local food and drink.

	Day	Start	End	Miles
Arrival Day	Wed		Cork	
Day 1 Half Day	Thurs	Mizen Head	Glengariff	39
Day 2	Fri	Glengariff	Tralee	59
Day 3	Sat	Tralee	Lahinch	76
Day 4	Sun	Lahinch	Galway	62
Day 5	Mon	Galway	Clifden	59
Day 6	Tues	Clifden	Westport	58
Day 7	Wed	Westport	Sligo	67
Day 8	Thurs	Sligo	Donegal	54
Day 9	Fri	Donegal	Letterkenny	55
Day 10	Sat	Letterkenny	Malin Head > Belfast	58
Departure Day	Sun	Belfast		587

The route takes you along the coast of Bantry Bay, through the hills of Kerry and "Gap of Dunloe". We continue north hugging the coast past the Cliffs of Moher and across the limestone plateau known as 'The Burren'.

Cycling inland now through lovely quiet countryside of remote lakes and rivers in to the stunning Connemara. We continue across the Blue Stack Mountains, on to the Inishowen Peninsula, and across open moorland to Malin Head.

On the Ireland Tour page of the Pedal Britain website there is detailed information on travel logistics that covers many questions you may have regarding the tour.

What's Included

- 11 nights shared twin (or double) room in Hotels or B&B
- Fully supported tour service
- Guides qualified in first aid & bike mechanics
- Daily baggage transfer between accommodation
- FREE Coach transfer back to Chepstow after tour
- A high quality Pedal Britain cycling shirt
- 11 breakfasts (Choice of Full or Continental)
- En-route sustenance from Pedal Britain Pop Up Café
- 10 lunches at a mix of local pubs, café's or picnic
- Detailed route notes so you can cycle at your own pace
- GPX, TCX files for Garmin or other GPS Navigation systems
- Pedal Britain APP that turns mobile into a GPS unit with turn by turn route navigation
- Tracker App allows family, friends and us to see where you are.

Tour Information

Duration: 10 Days Cycling **Accommodation:** 11 Nights **Distance:** 587 Miles **Average Mileage:** 60 Miles

Ascent: 34,000ft

Departures & Prices 2022

Price: from £1595
Based on 2 people
sharing Twin Room
Single Room Supplement
+ £450

Tour Dates:

18th - 28th May

ASK ABOUT Group Bookings

End: Malin Head



Start: Mizen Head





Scotland NC500 5 Day Cycling Tour



Scotland NC500: If you are looking for a tough challenge in a stunning location, look no further than this tour. A majestic 5-day, 500mile loop, incorporating some of the most incredible cycling in the UK.

Day	Start	End	Miles
	Start		IVIIICS
	Inverness		107
		9	93
	S	,	90
	· ·		103
			110
Sat	Inverness		502
	Day Sun Mon Tues Wed Thurs Fri Sat	Sun Mon Inverness Tues Shieldaig Wed Ullapool Thurs Durness Fri Altnaharra	Sun Inverness Mon Inverness Shieldaig Tues Shieldaig Ullapool Wed Ullapool Durness Thurs Durness Altnaharra Fri Altnaharra Inverness

Starting from Inverness heading west to Loch Carron where the famous Bealach na Ba climb awaits. Stunning sea lochs, white Beaches and crystal clear waters are in abundance as we hug the coastline north towards Ullapool.

From here we head to Scotland's northern most point at Durness. The wild and remote Highlands provide amazing sweeping vistas with an incredible variety of flora and fauna.

We avoid the busy A9 'official route' and head east back to Inverness via the amazing Loch Naver and Cromarty Firth.

On the Scotland NC500 Tour page of the Pedal Britain website there is detailed information on travel logistics that covers many questions you may have regarding the tour.

What's Included

- 6 nights shared twin (or double) room in Hotels or B&B
- Fully supported tour service
- Guides qualified in first aid & bike mechanics
- Daily baggage transfer between accommodation
- A high quality Pedal Britain cycling shirt
- 6 breakfasts (Choice of Full or Continental)
- En-route sustenance from Pedal Britain Pop Up Café
- 5 lunches at a mix of local pubs, café's or picnic
- Detailed route notes so you can cycle at your own pace
- GPX, TCX files for Garmin or other GPS Navigation systems
- Pedal Britain APP that turns mobile into a GPS unit with turn by turn route navigation
- Tracker App allows family, friends and us to see where you are.

Tour Information

Duration: 5 Days Cycling **Accommodation:** 6 Nights **Distance:** 500 Miles **Average Mileage:** 100 Miles

Ascent: 34,000ft

Departures & Prices 2022

Price: from £875
Based on 2 people
sharing Twin Room
Single Room Supplement
+ £300

Tour Dates:

1st - 7th May 11th - 17th Sept

> ASK ABOUT Group Bookings

Scotland NC500









Scotland NC500 7 Day Cycling Tour



A journey around the 500 mile circular route which offers cyclists a spectacular array of mountain ranges, lochs, glens, castles, ruins, beaches and wildlife - not forgetting a range of memorable locations to sample some of the best of Scotland's food and drink

	Day	Start	End	Miles
Arrival Day	Sat		Inverness	
Day 1	Sun	Inverness	Lochcarron	64
Day 2	Mon	Lochcarron	Gairloch	80
Day 3	Tues	Gairloch	Ullapool	56
Day 4	Wed	Ullapool	Rhiconich	75
Day 5	Thurs	Rhiconich	Melvich	67
Day 6	Fri	Melvich	Dornoch	92
Day 7	Sat	Dornoch	Inverness	79
Departure Day	Sun	Inverness		513

Starting from Inverness we head west to Loch Carron. Stunning sea lochs, white Beaches and crystal clear waters are in abundance as we hug the coastline north towards Ullapool.

From here we head to Scotland's northern most point at Durness. The wild and remote Highlands provide amazing sweeping vistas with an incredible variety of flora and fauna.

We avoid the busy A9 'official route' and head east back to Inverness via the amazing Loch Naver and Cromarty Firth.

Bike Transfer Service is available on this trip (See FAQS section for details)

On the Scotland NC500 Tour page of the Pedal Britain website there is detailed information on travel logistics that covers many questions you may have regarding the tour.

What's Included

- 8 nights shared twin (or double) room in Hotels or B&B
- Fully supported tour service
- Guides qualified in first aid & bike mechanics
- Daily baggage transfer between accommodation
- A high quality Pedal Britain cycling shirt
- 8 breakfasts (Choice of Full or Continental)
- En-route sustenance from Pedal Britain Pop Up Café
- 7 lunches at a mix of local pubs, café's or picnic
- Detailed route notes so you can cycle at your own pace
- GPX, TCX files for Garmin or other GPS Navigation systems
- Pedal Britain APP that turns mobile into a GPS unit with turn by turn route navigation
- Tracker App allows family, friends and us to see where you are.

Tour Information

Duration: 7 Days Cycling **Accommodation:** 8 Nights **Distance:** 500 Miles **Average Mileage:** 73 Miles **Ascent:** 35,000ft

Departures & Prices 2022

Price: from £1145
Based on 2 people
sharing Twin Room
Single Room Supplement
+ £350

Tour Dates:

6th - 14th May 2nd - 10th Sept

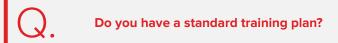
> ASK ABOUT Group Bookings

Scotland NC500





Frequently Asked Questions (FAQ's)



We do not issue 'standard' training plans as everyone starts at different levels of experience, fitness and available time.

For 'Training Advice' you'll find some great tips and an easy to follow framework that can be adapted for any of our tours on our website.

As a 'Push Start' we also offer a FREE 30 minute consultation to answer questions and help you understand more of what is required.

I am travelling alone can solo riders join?

Yes, no problem. You can either pay for single supplement or we can, if you are happy to share a twin room, find you a room buddy. Either way trips are very sociable and you'll soon make new cycling friends.

What are Groups Like?

Every tour is unique with a different mix of people, ages and genders. But generally people that undertake our tours are a fun, friendly and adventurous lot with one key similarity - they love cycling!!

Groups tend to be split 50:50 between those traveling alone or as part of a group be it

How Fast Does the Group Ride?

That is completely up to you, we encourage everyone to cycle at a pace comfortable for them. The average touring cyclist normally rides at 10-12mph. We generally find 3-4 groups naturally form and you'll always find one that suits you.

How does your Bike Transfer Service Work?

Where possible we will collect / return you bikes in the week before and after the tour via one of the 3 following options.

1. Customer Drop Off & Collection

If you can bring / collect your bike to our offices in Northamptonshire then we will transfer your bike **Free of Charge**.

2. Pedal Britain Bike Collection & Drop offWe'll come to an address of your choosing, which could be work, home or cycle shop to collect your bike – no need for any dismantling

3. Bike Collection / Drop off - Transport Partner (If home is not on a designated route) We'll arrange for our trusted transport partners to collect and return your bike. You will need to securely package up bike in a medium size (150 x 22 x 90 cm) cardboard bike box.

Frequently Asked Questions (FAQ's)



How much does the Bike Transfer Service Cost?



One Way to the Start = £65.00 per bike

One Way back Home = £65.00 per bike > £85 on LEJOG if we use 3rd Party

Both Ways = £135 per bike > £155 on LEJOG if 3rd party used for return



Do I need to be a good mechanic?



Pedal Britain provides mechanical support in form of basic adjustments, or simple repairs, while your guide will also carry a reasonable tool kit to help with any minor problems on the road - The van has a more comprehensive set, along with track pumps and cleaning materials for you to use.

However it is essential that you are able to fix a puncture. For more serious mechanical failures we have spare bikes, whilst we use our network of friendly bike shop contacts to

Q.

Do I need Insurance?



Pedal Britain has public liability insurance cover for all of our tours.

However we strongly recommend you take out adequate insurance to cover yourself against personal accident, loss of belongings and cancellation cover.

Q.

What are the lunches like?



Lunches are generally scheduled either just before or after the halfway point of a day in terms of mileage. They consist of various combinations of soup, sandwiches, crisps/chips, savouries, coffee/tea/soft drinks and cake, served as rolling buffets or set meals hosted in either local cafes / pubs.

Occasionally, depending on the weather, Pedal Britain's pop up cafe will provide a substantial picnic buffet lunch in a suitably scenic location en-route. Don't worry if your cycling slowly we always make sure there is enough food for everyone at picnics and never leave until everyone is fed and watered.

Q.

Where are the Evening Meals?

Whilst evening meals are not included in the cost of the holiday, Pedal Britain will make reservations between 7.30-8.00pm most days for a group evening meal, so you don't have to worry.

Also to make life even easier for you we'll sometimes take pre-orders for the evenings food in advance.



We tend to eat at the accommodation we are staying in that evening although we do occasionally use other local options.

Attendance is purely optional. If you prefer to eat earlier, or alone or wanted to find somewhere else, your Tour Guide can provide alternatives it is no problem at all, and is completely your decision.

With all evening meals, individuals are responsible for settling their own food and drink bills once finished

Bespoke

Events



What is the minimum group size for a bespoke tour or event?

We can organise bespoke tours or events for groups of minimum 10+ people across the UK or Europe.

Pedal Britain won't try and fit you into a set formula. Instead we'll spend time to understand your objectives, listen to your needs and create a tour/event that delivers on your specific goals.

Are there set tours or events that can be bespoke?

You can simply have a closed group tour on a tried and tested route such as LEJOG, Ireland End to End or London to Paris or we can be poke one just for you.

Whatever you decide our team will recce every mile, making sure you get to see the most beautiful landscapes, on best roads with least amount of traffic.

Groups



Do you except group bookings?

Pedal Britain welcome group bookings, whether you are a cycling club, group of friends or raising money for specific charity, doing so with people you know creates a shared experience you'll remember forever.

Do you offer a group discount?

Yes we do. If you have 8 participants or more able to book at the same time, then you'll be eligible for a 5% discount.



Charities



Can I raise money for a specific charity?

Yes, you can join any of our tours and use that challenge as a way of raising funds for any cause of your choice.

Can a Charity sponsor my ride by paying for the Tour?

Yes, no problem. We just raise the invoice and send that for payment to the charity. Any other financial agreement on fundraising targets are between you and the charity.

Can you organise a specific tour or event for Charities?

Pedal Britain offer a comprehensive event package tailored to each charity or groups requirements.

What we can provide within a tailored event package

- Dedicated Event Manager to ensure everything runs smoothly
- Detailed Event Plans
- Pre Event support (training programs, committees, marketing, etc)
- Support Vehicles during event Mechanics & Luggage transfer
- Event logistics online registration, daily briefing sessions etc.
- Routes on low traffic roads (GPX files / route maps provided)
- Guides, Medical & Mechanical support (Qty dependent on group size)
- Traffic Management including liaisons with Council Authorities
- Village & HQ set up with catering (for sportive events)
- Safety of riders No.1 priority: Full Risk Management Plans & Insurance
- Quality Accommodation usually in twin rooms booked to suit budgets
- All food options covered (breakfast, lunch and dinner)
- Photography, Video and Social Media PR management available
- Celebratory Evening Event
- Bespoke High Quality Event Branded Cycling Shirts



How to Book

Complete a Booking Form either:

On our website www.pedalbritain.com

Call our office on **03308 084 704** and we'll help you with any booking queries.

Before you book, we recommend that you carefully read our tour booking conditions, which can be found on our website at www.pedalbritain.com/terms&conditions.

We are more than happy to answer any questions, that you may have about our tours, so please do not hesitate to contact us.



Our Charity Partner

For every person that completes a Pedal Britain cycling tour, **Pedal Britain will donate £5** to Cyclists Fighting Cancer.

They enable children & young people living with cancer across the UK to regain physical fitness, strength & confidence by giving them new bikes, adapted trikes, tandems and support. www.cyclistsfc.org.uk



Contact Details:

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